

WEEK # 4

Menu 2019

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Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	14-Oct MONDAY	15-Oct TUESDAY	16-Oct WEDNESDAY	17-Oct THURSDAY	18-Oct FRIDAY	19-Oct SATURDAY	20-Oct SUNDAY
D I N N E R	Vegetable soup Roast Turkey Mashed Potatoes Dressing Mix Veg Gravy Pumpkin pie	Cream Of Onion Soup Grilled Fish Mashed Potatoes Mixed Veg Strawberries	Mushroom Soup Boiled Dinner Boiled Potato Turnips Carrots Cabbage Pears	Rice Soup Chicken Fingers Mashed potatoes Yellow Beans Choc Cake	Macaroni Soup Baked Fish Mashed Potatoes Broccoli Mandarin Orange	Cream of Broccoli Soup Bologna Mashed Potatoes peas Butterscotch Pudding	Barley Soup Roast Pork Mashed Potatoes Cauliflower Pie
S U P P E R	Vegetable soup Cabbage Roll Fresh Fruit Salad	Cream Of Onion Soup Hot Turkey Sandwich Pom Pom Potatoo Squares	Mushroom Soup Pizza Lemon Loaf	Rice Soup Quiche Tossed Salad Peaches	* Macaroni Soup Ham Salad Sandwiches Cole Slaw Jello / whip cream	Cream of Broccoli Soup Baked beans Hot dog Brown Bread Gingerbread whip cream	Barley Soup Fish Burger Home Fries Grapes

Menu may change without notice

HS Snack Menu Voortman Cookies	Nutri Bar	Cookies	Toast	Cran citrus cookie	Social tea or Arrowroot Cookies	Sweet Bread
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